## **Cromwell High School**



# **Extra-Curricular Policy**

Status: Updated Date: 27.1.23 Review Date: Spring 2024

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Key Manager: Nicky Read

Consultation/signing group: Intent and Impact

### What the pupils need to know:

We will

- Provide you with a varied choice of lunchtime and after school clubs
- Provide you with a chance to enjoy a residential in KS4
- Provide you with the option to participate in the Duke of Edinburgh Award

understanding that your participation is voluntary

 If you are a LAC or receive pupil premium you may get 1-1 music lessons, lego therapy, music therapy, art therapy or sensory massage

What every member of staff needs to know:

- TA2's will supervise after school clubs.
- We will ask staff to support a lunchtime club as part of the staff duties each lunch time
- Pupils will attend clubs on a voluntary basis

What every adult needs to know:

Cromwell High School will provide a varied Extra-Curricular experience to our pupils.

### **CROMWELL HIGH SCHOOL**

## Extra Curricular Policy

Spring 2023



#### Introduction

Extra curricular activities are any learning activity outside normal lessons which pupils take part in **voluntarily**. 'Extra Curricular' is, accordingly, an inclusive term, embracing many activities whose purpose is to improve pupils' motivation, build their self-esteem and help them become more effective learners and also simply offer 'fun' opportunities. Above all it aims to raise achievement.

The recommendations below are based on the advice of DfE 'Extending opportunity: a national framework for Study Support' (DfE, 1998) and the main ethos of this policy is directly based on the guidance contained in the framework.

#### **Benefits**

- Encourage pupils' range of interests
- Encourage 'directed' leisure interests
- Encourage opportunities for home/school liaison
- Encourage pupils to use outside resources
- Provide opportunities for parents to share experiences/progress

#### **Activities**

These can be taken from any curricular area or specific area of interest at:

- break-times, lunchtime, after school
- in the evenings, weekends, school holidays
- sessions of 'Extra Curricular' within a re-organised timetable
- at one-off events such as local and national performances and celebrations

#### and to include:

- sporting and physical activity of all kinds (including the unusual)
- outdoor, adventurous and environmental activities
- programmes which extend the curriculum
- creative and performing arts of all types
- craft and technology, including ICT

- homework clubs and open access to libraries and learning resource centres
- booster and revision sessions linked to subjects of the curriculum and cross curricular themes
- hobby activities and games clubs
- community service, many kinds of volunteering
- peer education and mentoring

All can happen on school premises or elsewhere, for example in libraries, museums, leisure centres and sports clubs or youth centres

#### 'Out of Hours Learning'

The aim of this is to widen pupil's experiences of both the school (various areas, different staff, different activities) and the out of school environment – giving them the opportunity to increase and stimulate their interest, curiosity and understanding of the wider community in areas such as,

- Life beyond the classroom
- Healthy and fit lifestyles
- People who help us and the experience of working with a wide range of people
- Stimulate school 'work' for a specific purpose
- Increase self esteem
- Prepare pupils for their place in society

....to fulfill our mission statement that our pupils will learn as much about the world as possible; learn how to maximise their opportunities in the world and learn to be caring, responsible citizens.

The main attractions of extra curricular activities are that attendance is **voluntary** and consequently they have a **distinct ethos**. Activities offer enjoyment, excitement and novelty, with opportunities to develop new interests or simply 'something to do' with old and new friends. Those who participate develop a sense of achievement, success and pride in what they are doing; they feel empowered with a sense of belonging to something in which they feel ownership.

At Cromwell we provide clubs at lunchtime and after school.

#### **Lunchtime Clubs**

There are a wide range of clubs on offer at dinnertime led by teachers and/or teaching assistants, including History Club, Sport Club, Music, Art and Games. Each club can cater for 6-8 pupils effectively. All pupils are encouraged to participate in 1 club per week. Although some of our pupils prefer to be outside and may choose not to attend a club.

Pupils choose which clubs they wish to participate in each half term. If a club is oversubscribed, pupils will be given their  $2^{nd}$  choice and the option to join their first choice the following half term.

#### After School Clubs

After School Clubs are held on at least 2 nights per week. Pupils of all levels of ability can benefit from our after-school clubs. We currently offer music, sports and forest school.

So that each child has the opportunity to participate fully and get the most from the club there is a maximum number for each session. When a club is oversubscribed, two groups are established with each group having 1/2 termly blocks.

#### **Monitoring and Self Evaluation**

The school will undertake ongoing monitoring of the different areas of extra curricular provision. This will include ongoing, observation and discussion re the merits of and/or interest of pupils in the various options; parent and pupil questionnaires regularly issued and continual investigation of possible options for our pupils – both in and outside school. The evidence gained from such monitoring will be used to extend opportunities for all and to continually investigate ways in which the school can support parents in enabling their children to attend 'after school' provision.