

# The SAS Well-Being Hub

Confidential & bespoke services supporting you

**Free to Access**



## How to Access

Download the Well-Being App now at [schooladvice.co.uk](http://schooladvice.co.uk) or via the Apple/Android store. Once downloaded click onto the relevant service you require to access more information.

Download our app from...



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**Medical Operations Enquiries – 01773 814400**  
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**Counselling - 01773 814402**  
**Physiotherapy - 01773 814403**  
**24 hour GP helpline – 0845 4031037**