

CROMWELL NEWS

Reports from summer term 2016

Year of Achievement

Entertainment at our Celebration of Achievement included 3C singing- as they had at the Lowry Festival!- a mixed ensemble of percussion and an excellent rendition of 'Sunshine Soca'. Many thanks to Mr Matthew Blackwell of the Tameside Music Service.





Another School year comes to an end- and what a year! Challenging in many ways but fantastic achievements were made by so many pupils which were recognised during our Celebration of Achievement (see page 4 for award winners and the back page for our leavers).... and nobody mentioned the fire!



Celebration of Achievement!

We also said a fond farewell to our Year 11 leavers. We are confident that they will continue to flourish as they move on to their college placements. Huge thanks to Mrs Jane Bates, our Chair of Governors, for presenting the trophies. Many thanks to Mrs Koziarski and Mrs Broughton for organising the ceremony and Mr Ovens for supporting the IT. Above all thanks to the parents and friends of our school who attended. Pictured: 1) Riziki receiving the "Student of the Year" award. 2) Our Key Stage 4 Residential take to the waves, 3) Ryan, Oliver and the 3D musicians play for a packed hall at the Celebration of Achievement, 4) Aaron plays a solo- again, in front of over a hundred people. 5) A new venue for our traditional event, 5) Ebony thoroughly deserves her "Most Enthusiastic Pupil" trophy.





Pupils return to school on Wednesday 7th September.





Don't Mention the Fire!

Undoubtedly this year will be remembered in the history of our school as the year of the fire and we were all clearly devastated by the loss of pupils' work, equipment and materials and our learning environment- for over a year! But we also hope that it will be remembered as the year of a fantastic school community effort that minimised the effect of the fire on pupils by resettling them into the Inspire Academy after only 4 days of tremendous effort to move the school .



It can't be said enough times. Huge thanks to: the emergency services, Tameside Council – especially Ian Saxon, Alison Lloyd Walsh and Sue Keymer- Inspire Academy- especially Mrs Burns and Mr Jimmy Wooley, Active Tameside, Experia Sensory Company for free loan of the Sensory Bus, Tameside Transport Department, everyone in the local community who donated items, all the staff of Cromwell High School, the Parents of the pupils of Cromwell High School.





Sports Day at Inspire had to take a different format to our usual event. But a change is often good and when it involves a bouncy castle, bikes and space hoppers a good time can be had by all. The only disappointment was not being able to invite parents this year.























Behaviour- tips for helping your child find a better way!

Many parents will already be aware of these strategies but this is how we at school work with your child.

The most important question is: what is causing this? There are two main

answers: It gets me what I want (or need)

I'm too upset and I'm lashing outespecially some children with ASC

What I want is an object or activityor to get out of an activity you have asked me to do.

Tip for when it's happening:

They can't ever be allowed to get what they want from this behaviour. Try distracting to a substitute. If the thing they want is possible then they must "earn" it by good behaviour (not matter how brief). If it's avoiding a task; wait it out (nothing nice until after.....) even if they only have to do a token part.

Tip for the future:

Devise ways for the child to earn the nice things they want or be given a way to "ask nicely" next time (maybe a symbol or PECS).

If the child is trying to avoid something set up a reward for after they have complied.

What I want is your attention or to have control over you.

Stay looking calm and in control. No eye contact!!!!

Tip for when it's happening:

"Blank" the behaviour if safe. Use as little language as possible (use symbols or written text to tell the child what they need to do where possible). Give them a "way out" to get back to getting positive attention and control. Praise anything good- distract.

Tip for the future:

Devise ways to give the child the attention and control they need for good behaviour- eg earning an extra trip or simply a face to face game like pattacake. A "giving the grown-up orders" game.

I don't understand what is expected of me or how long it is going to last

Tip for when it's happening:

Stay calm- the child needs comfort not telling off. Use a schedule or written list so that the child can see that nice things are happening soon. Where things last a long time count them down (eg with stars, counting or a clock).

Tip for the future:

Make sure the schedule is "law" so that the child can trust it to tell the truth and relax in that understanding.

There is something in the room/area that I can't cope with

Many parents will know that many pupils with ASC can become hyper sensitive of things touching them or smell, sound, light or just the way things are "wrong" or different. This is very difficult to deal with. It is often best avoided but, if it can't, the best strategies are:

- A "social story" in advance that tells the child why things happen and that things are alright.
- compensation activity (something to hold or otherwise concentrate on to try to block out the other stimuli).
- Gradual de-sensitisation- give control to the child
- Schedule- looking forward to the next thing and counting down the difficult thing

I'm a teenager and my hormones won't let me do what my parent says- Stick to the other strategies- it's a phase-albeit a really, long one!!! Try a schedule or written instruction/ list.

This is general advice- every situation is different and you must assess the risk- safety is paramount. School cannot accept liability for specific incidents.

General top tips: Stay calm and in control

- ✓ Say what you mean and mean what you say- above all behaviour management is based on trust.
- ✓ You cannot "stop" challenging behaviour quickly- you can only fade it away by reducing its frequency and intensity.
- ✓ Pick your 'battles' think! If you can't 'win' (ie stick to a boundary), ignore or 'give in' quickly trying to get the child to do a
- little thing good before they get what they want. Then, if the child can understand, talk it through later.

 ✓ Even if you're doing the right thing it can get worse before it gets better- the child will think "this used to work- I must try barder" before learning it doesn't work anymore.
- harder" before learning it doesn't work anymore.
- ✓ Use fewer words when a child is upset (when the brain is angry it can't process logic or too much explanation).
- ✓ Only say that you judge the behaviour, never the child- we need them to truly believe that they are good so that they will behave that way. (Not 'naughty' calmly but seriously and firmly describe the behaviour and why it's not acceptable).
- ✓ Before starting "nice things" again get the child to do something that means that the child will have to think- this will be very calming- and reinforce their co-operation.

The top tips for punishments (we call them consequences): NB: Consequences rarely work when the child is really upset as they have stopped thinking logically at that point-so don't increase at this point as they can't stop-just wait it out. The main point is to deter for next time but don't over-do it.

- ✓ Create an incremental reward system where the child get rewards bit by bit and doesn't lose them.
- ✓ Stay calm and in control- when the child "blows it" express sorrow not anger- but always ensure a promised consequence happens. (eg: I'm sorry you've lost 10 mins off your X box time but I did tell you and you chose to keep going) If the child is losing time always delay the start rather than an early finish as they still have something to lose- an extra delay.
- ✓ Certainty is better than severity- never take "everything" away. The child can't cope and mentally rejects the consequence. Instead a consequence should be mildly annoying to the child so they can mentally process that "it's not worth it"
- ✓ Never take "everything away" as the child no longer has anything to work for.
- ✓ Consequences should be incremental- so that they can be increased bit by bit if the behaviour continues.
- ✓ Never make a consequence last- or be about something- too long into the future. They may not relate the behaviour to the consequence plus they might have been really good by then and think "what's the point?".
- ✓ When a consequence is done it's over- welcome them back to normality- no grudges. Learning to 'make-up' is a skill!





A fond farewell to all our leavers. We had a slightly different format this year with each leaver sitting on the throne and hearing tales of their achievements from the class teacher. A good way to celebrate their success. Kian is going to Works 4 U and the other leavers are all going to Dovestones at Tameside College: Pictured: Riziki, Our Pupil, Aiden, Rhys, Abigail, Deep, Jasmine, Declan, Kieron, Richard, Kian, our pupil.







Kian Green

The very best of wishes







